

[FREE CHECKLIST]

HOW TO LOWER YOUR ENERGY BILLS

Follow These 6 HVAC Tips



Why Your Energy Bills Are High...

Energy bills can often make a considerable dent in your monthly budget, especially when your HVAC system works overtime. There are several tips and tricks that can not only help you reduce energy consumption but also *extend the lifespan* of your HVAC system.



ENERGY SUCKERS

- Old or Outdated Equipment
- Inconsistent Temperatures (Meaning, you tend to adjust the thermostat a lot)
- Uncontrolled Humidity
- Poor Home Insulation
- Lack of Ventilation (Which traps heat or cold air inside)

6 TIPS TO REDUCE YOUR ENERGY COST

- **Regular Maintenance:** A well-maintained system runs more efficiently, consuming less energy.
- **Programmable Thermostat:** Installing a programmable thermostat can help you set and automatically adjust temperatures according to your daily routine.
- **Air Filters:** Replace air filters every 30-90 days to ensure optimum air flow and less strain on the HVAC system.
- **Upgrade Your Insulation:** Proper insulation reduces the load on your HVAC system by retaining heat in the winter and cool air in the summer.
- **Energy-Efficient Windows:** Installing double-paned windows or window films can reduce the load on your HVAC system.
- **Lower the Temperature:** In winter, every degree below 68°F can save you 3-5% on heating. In summer, every degree above 78°F saves a similar amount.



SAVING ENERGY: YOUR ACTION PLAN

MAINTENANCE

- Schedule Regular Maintenance [At least twice a year]
- Schedule a Professional Inspection [At least once a year]
- Inspect Ducts and Seal Leaks [Ideally, annually]
- Replace Air Filters [Every 30-90 days]
- Check Insulation [Once a year]

HOUSE TUNE-UPS

- Install a Programmable Thermostat [And set up a schedule]
- Set Up Zoning Systems [For different areas of your home]
- Install Energy-Efficient Windows [Or use window films]

NEW HABITS

- Adjust Temperature [Winter (Below 68°F), Summer (Above 78°F)]
- Use HVAC during Off-Peak Hours [Check local electricity rates]

Save this checklist and keep it handy as a reminder to save energy and money!



WANNA LEARN MORE?

If you found these tips useful and are looking for professional help to make your HVAC system as efficient as possible, we're here to assist you.

Schedule an inspection with our team of professional HVAC technicians today! Maximize your comfort while minimizing your costs.

GIVE US A CALL!

ADAMS
Heating & Cooling!